



Child Obesity Management, Education & Research Program

Koala Home

Koala Clinic

For Parents & Families

For Health Professionals

Research

Koala Active Kids Club

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THE UNIVERSITY OF QUEENSLAND AUSTRALIA

IMB Institute for Molecular Bioscience

For Health Professionals

[International Obesity Taskforce \(IOTF\)](#)

[Australasian Society of Study of Obesity \(ASSO\)](#)

[NHMRC guidelines for management for children and adolescents with obesity](#)

[Full guidelines](#) (with evidence based outlined) - large pdf file warning

[Abbreviated 8 step guide to Obesity in Children and Adolescents](#) (pdf file download)

[Australasian Paediatric Endocrine Group \(APEG\)](#)

"Hormones and Me" Patient Resource

Growth Charts see below

[Weight Disorders Links](#)

[Measuring Height and Weight Accurately](#)

[CDC Body Mass Index Calculator](#)

[CDC Growth Charts inc BMI Charts](#)

BMI Charts alone for 2-20 years (**Highly Recommended**)

Boys and Girls (pdf file download)

APEG (Australasian Paediatric Endocrine Group) [Growth Charts](#) (**Highly Recommended**)

APEG Height and Weight and Head Circumference for 0-3 years

Boys ([pdf file download](#))

Girls ([pdf file download](#))

APEG Height, Weight, Head Circumference, Height Velocity and Pubertal Staging 2-18 years

Boys ([pdf file download](#))

Girls ([pdf file download](#))

[Eat Well Be Active QLD Health Site](#)

[Centre for Disease Research to Practice Series](#) (**Highly Recommended**)

[Lifescrpts](#)

Implementing Lifescrpts: [Practical Tips](#) from Dr. Nancy

Huang

[Mater Health and Wellness Clinic](#)

Multi-disciplinary Allied Health Clinic at the Mater

[American Obesity Association](#)

[American Academy of Pediatrics](#)- Obesity site

[Robert Wood Johnson Foundation](#)

Sign for email alerts about obesity studies and news

[Parent's Jury](#)

[Diabetes Australia](#)

[Heart Foundation](#)

[We Can USA NIH Community Site](#)

[End the Food Fight](#) - Associate Professor David Ludwig, Director, Optimal Weight for Living (OWL) Program, [Boston Children's Hospital](#).

[Link to KOALA Parents and Family Page](#)

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